



# Voices FOR LIFE

Inspiring children to be happy and confident through music during the pandemic and beyond.

Registered Charity in England and Wales number 1191491

# The Voices for Life coaching programmes for primary schools help inspire children to be happy and confident through the powerful interplay of music with confidence and emotion coaching techniques.

The love of music is one of the greatest gifts we can give children. Every child has the ability to respond to music positively, helping improve their mental health and wellbeing during the pandemic and beyond.

Sadly evidence shows that mental health issues are rising and wellbeing deteriorating in children and young people. With the Voices for Life coaching programmes, children can have fun while singing together; building their emotional wellbeing, confidence and self-esteem as they develop in all aspects of their lives.

Become a Voices for Life supporter and you will help us reach as many children as possible with our programmes.



## DONATE TODAY!

### £10 PER MONTH

supports two children on the programme

### £25 PER MONTH

supports five children on the programme

### £50 PER MONTH

provides the opportunity for a school to take part in one of our programmes

### DONATE BY VISITING:

[www.voicesforlife.org.uk/donate](http://www.voicesforlife.org.uk/donate)

*"It's vital that we do our best to support the emotional wellbeing of our children under these challenging circumstances. I invite you all to show your support so that Voices for Life can reach and benefit as many as possible."*

JOHN RUTTER

COMPOSER AND CONDUCTOR



For more information:

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🌐 [www.voicesforlife.org.uk](http://www.voicesforlife.org.uk)

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